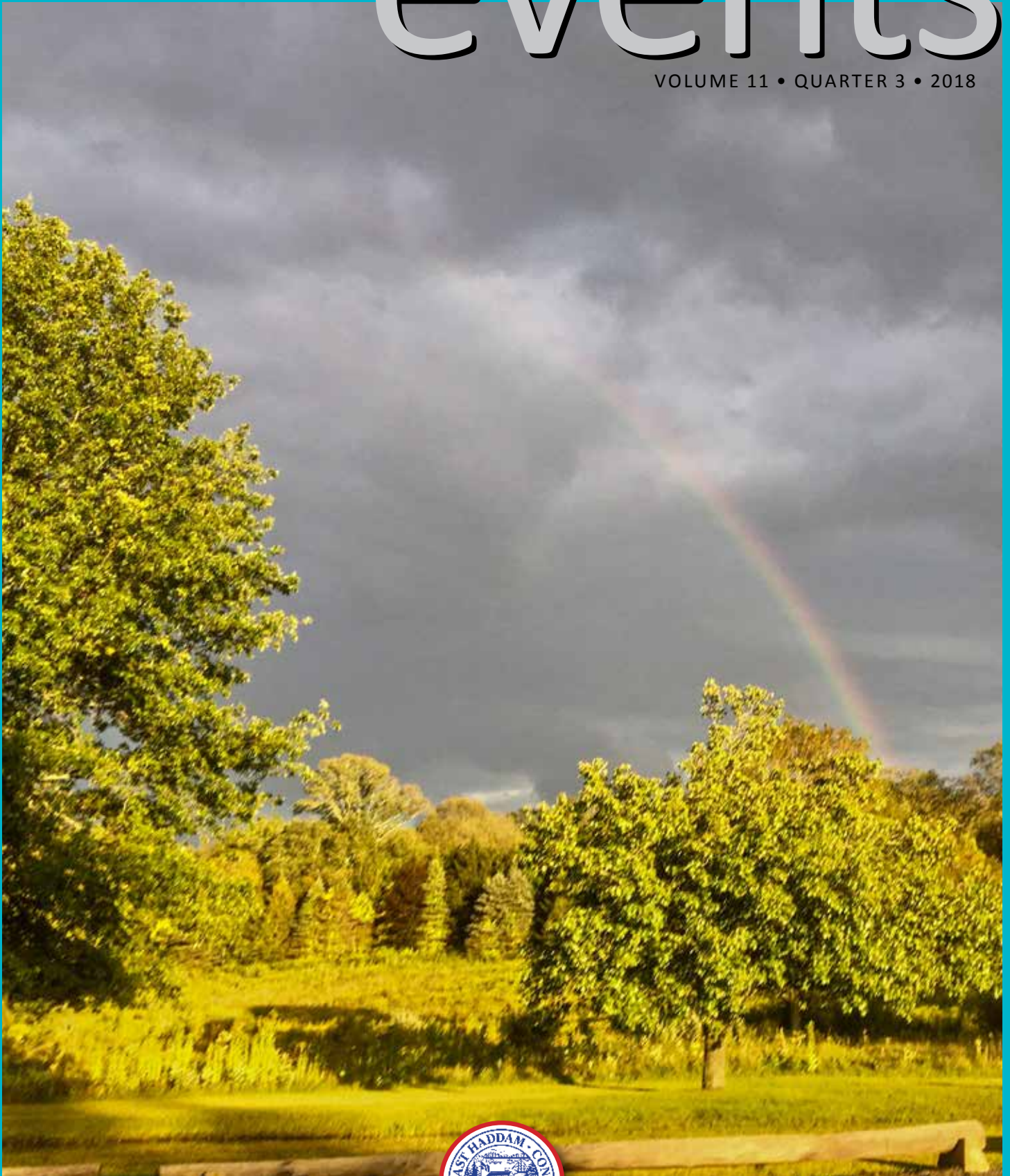


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Moodus, Hadlyme, Millington, Lake Hayward

events

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Cancer Surgeon

Kristen Zarfos, M.D.

Middlesex Hospital
Breast Surgeon

Andrea Malon, M.D.

Middlesex Hospital
Cancer Center Medical
Director, Breast/General
Surgeon

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First Selectman's Corner

As I write this it's clear that the summer of 2018 has arrived. Somehow I missed spring, not that it didn't try to happen from time to time but it never did seem to get its act together. Winter, on the other hand, never wanted to let go. Much of the roadside damage caused by repeated Nor'easters still needs to be removed, delaying our ability to move forward with other essential spring and summer chores. I believe it was Mark Twain who commented, concerning Connecticut's weather, "If you don't like it, wait a minute, it will change." We can only hope that this beautiful summer weather, which we are now enjoying, remains awhile longer.

The East Haddam Business Association welcomed spring on April 28 with its "Celebrate East Haddam" festival. It proved to be a rousing success with over 80 local businesses providing free samples, information and special offers. We had a beautiful day, great food with something for every taste and endless music. Needless to say the event brought out a record number of guests who enjoyed themselves.

On the 8th of May we approved our 2018 - 2019 budget. The work began in December. We started a little earlier than usual. The kick off was a tri-board meeting in early January including the Board of Finance, Board of Education and the Board of Selectmen. Its purpose was to seek public input and to familiarize everyone with how the budget comes together. The ongoing

process was highlighted by repeated efforts to ensure that the public was kept informed, their comments considered and that all questions were clearly answered in a timely fashion. The goal was always that the proceedings be open and clear to our citizens, enabling them to monitor it from start to finish. In the end the Board of Finance was able to present a balanced and fair budget which met the needs and expectations of our town with an increase of only .08 of a mill. We owe a big "Thank-You" to all involved.

On the 12th of May, we made it official. Our Municipal Office Complex was officially introduced at its Grand Opening. Twelve years of effort have transformed a historic school, dating from 1923, into a modern and very attractive center for our town while still preserving its historic visage. **continued on page 3**



Emmett Lyman
First Selectman

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First Selectman's Corner... continued from page 1



The event kicked off at 10:00 am with presentations by the Moodus Drum and Fife - as always, a special treat. The Nathan Hale-Ray High School Trillium went on to impress us with their rendition of our national anthem. Craig Mansfield, Chairman of the Municipal Office Building Committee, then recounted the long history of our project and introduced members of the various committees which have contributed so much through the years. We then welcomed David Stein of Silver Petrucelli, who were our architects through so many changes and countless revisions as well as Tom Romagnoli of Downes Construction, our Construction Manager. Their hard work and endless oversight

provided the needed support to make this a successful project. Finally, the long awaited moment arrived. Henrik Anderson (class of 2030) and Kristian Anderson (class of 2028) along with Walter Golec (class of 1946) and Robert Fiala (class of 1953) cut the blue ribbon officially opening our beautiful and historic Municipal Office Complex. The attendees were then invited to tour the complex and to enjoy what will, without a doubt, become a treasure for generations to come. Included and, of particular note, were the Nathan Hale mural, so carefully protected during the reconstruction phase, conference rooms 1 and 2 with their displays of artwork by members of the East Haddam Art League and the Wall of Honor recognizing our veterans, which was being hosted by the East Haddam VFW.

Memorial Day, May 28th, marked a turning point for East Haddam. After being rained out for two years the weather was perfect. Organizing the parade, prior to departure, was easy and went off without a hitch. The layout of our Municipal Office Complex lends itself perfectly to those needs. Memorial Day is a very special occasion, initially created as a memorial to those who made the ultimate sacrifice during our Civil War. It was later expanded to include all members of our armed forces who have made that sacrifice. A trip to the Moodus Green will show you a monument listing 68 members of our community who have made

continued on page 4

Dear Readers & Advertisers!

It is with great excitement that I announce the launch of Events Magazines' inaugural "The Last Word" segment.

WHAT IS "THE LAST WORD?"

"The Last Word" is a new feature article that will appear on the last page of all of our Events Magazines currently published in 13 Connecticut towns. Each quarter there will be a story about someone with Connecticut ties who has made major accomplishments not only in his/her professional field but also in the community. Our inaugural "The Last Word" segment for the third quarter of 2018 highlights NASCAR professional driver Joey Logano, who is a native of Middletown, CT. It touches on his racing career milestones as well as his work in Connecticut and around the country through the Joey Logano Foundation.

WHAT'S NEXT?

Well, I can't really give that away just yet. We've got some ideas in the works for the 4th quarter issue of Events Magazines.

COMMENTS AND FEEDBACK?

As always, we welcome your input and insights on how we can continue to enhance the magazines for the benefit of readers and advertisers alike. All of us at Events Magazines hope you enjoy our first-ever "The Last Word" feature. We look forward to continuing to serve the community through our Events Magazines!

William McMinn, Owner, Essex Printing & Events Magazines

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Normal view of street



View of street with Macular Degeneration vision loss

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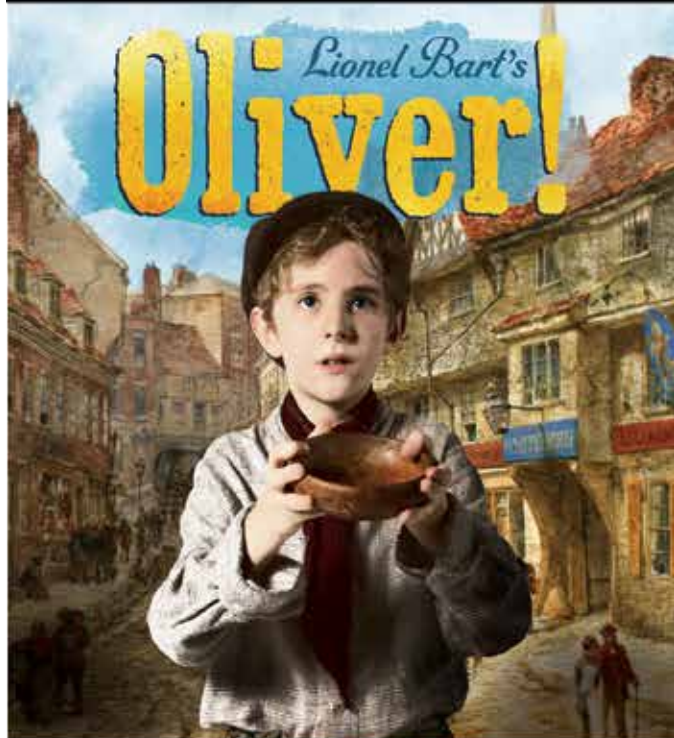
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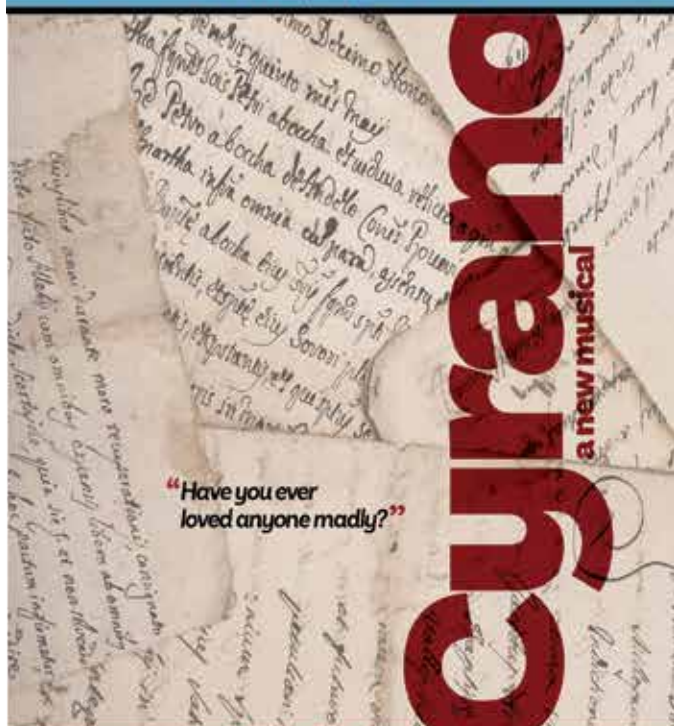
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First Selectman's Corner... continued from page 3

that sacrifice starting with the Revolutionary War and ending with Vietnam. Freedom has never been free. Our parade ended at the American Legion Hall which is dedicated to three who can be found on that monument. Melvin Baron, Wavel Smith and Peter Golec, all lost during World War II. Speakers at the event included Madison Chupas, Samantha Soucier, Neil Mosig, myself and a veteran who truly appreciates the cost of freedom, Thom Hagerth.



John Sarnik,
Firefighter-EMT.

John D. Sarnik has joined us as a full-time career firefighter/EMT. John is a resident of East Haddam and has been a member of our East Haddam Volunteer Fire Department for many years. John brings exceptional knowledge and experience to the job. His commitment to East Haddam and to his profession are unquestioned. His willingness to pass on what he has learned will make him an asset to

both the East Haddam Volunteer Fire Department and East Haddam Ambulance Association.

With the heat of summer upon us what could be better than a woodland hike along the river. Chapman Pond Preserve offers the perfect opportunity. Access is from River Road; a short dirt road leads to its parking. It is a loop trail about 3.14 miles long. Go either way at the trail junction (.07 mile) and the trail will bring you back to that spot. Either way the trail loops through a beautiful, cool forest and trends ever downward eventually coming out on Chapman Pond. The trail then borders the pond for about .5 miles before gradually climbing to return you to your starting point. Keep your eyes open for kingfishers and osprey as well as remnants of the thriving community which once was here. This is a good hike for children but don't forget the bug spray.

Emmett J. Lyman,
First Selectman

Holiday Closings

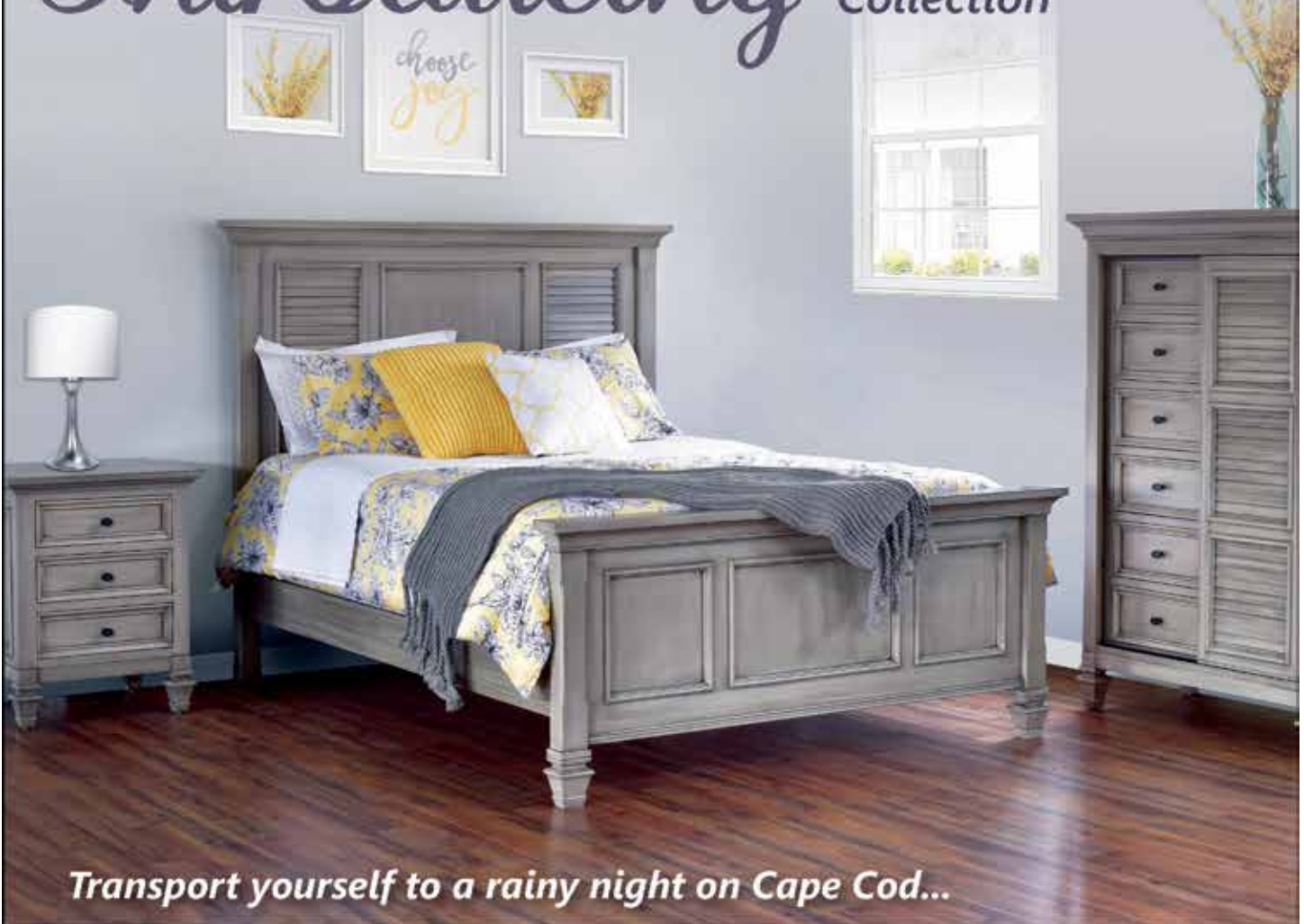
The Town Office Building and Transfer Station will be closed on the following holidays:

- Monday, September 3 - Labor Day
- Monday, October 8 - Columbus Day

Regular hours will resume on the next business day.

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Murphy Nips Pugson in a Tight Race



Top Dog-Murphy on the left and Pugson on the right.

Official ballots and photos for 23 canine candidates vying for the high privilege and distinct honor of being East Haddam's Top Dog were delivered to the Nathan Hale-Ray Middle School on May 18 so students could select the "political pick of the litter."

After due deliberation and voter turnout that topped that of adult participation at referenda, voters who exercised their furry franchise narrowly chose Murphy O'Seamus Shizume,

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owned by the Shizume family, over the one-name-wonder, Pugson, who resides with the Buckland family, as the town's alpha pooch.

The race was tight among the top contenders. Murphy, a yearling Pembroke Welsh Corgi, edged out the competition with 25 votes. He receives the #1 dog license for fiscal 2018/2019 and took his place of honor in the Memorial Day

Parade. Pugson, the runner up and a two-year-old pug (dah!), garnered 23 votes. Eva and Cisco were contenders, both tied with 20 votes, and Blu trailed by a tail, with 19.

Last year a write-in candidate approach was taken for Top Dog election, but this year student voters were asked to completely circle the pick of their choosing on an official bowwow ballot. The purpose of the

contest is to promote dog licensing, which is required for ALL dogs over six months of age whether they leave the yard or not. If your dog is not licensed, please call or visit the Clerk's office to remedy the situation. Failure to license subjects the owner of an unlicensed dog to a \$92.00 fine if ticketed. The fine increases to \$136.00 if rabies vaccine is not documented.

Debra Denette, Town Clerk

News from the Town Clerk - Fees

Effective July 1, 2018 new fees go into effect in the Town Clerk's Office. The fee increases were signed into law on June 13, 2018 by Governor Malloy. Impacted services are as follows:

Liquor permit filing fee	(CGS 30-53) \$20.00	Notary Public Character Certification	(CGS 7-34a) \$5.00
Trade name certificate filing	(CGS 7-34a) \$10.00	Marriage License Fee	(CGS 7-73) \$50.00
Map filing & indexing	(CGS 7-34a) \$20.00	Removal, Transit & Burial	(CGS 7-73) \$5.00
Subdivision map filing & Indexing	(CGS 7-34a) \$30.00	Cremation Permit	(CGS 19a-323) \$5.00
Notary Public Oath & Commission	(CGS 7-34a) \$20.00		

Please contact the Clerk's office with any questions.

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Together we are able to make a real difference in the lives of so many. Consider the support provided by the Ann and George Petry Fund to give young people access to creative arts programs which enable them to share their talents while addressing issues important to their community. Or the Loffredo Performing Arts Fund which supports local thespians as they share the beauty and joy of live musical productions with neighbors and friends.

We celebrate all of you who share the same desire to work in partnership to help our local community thrive today, and tomorrow. **We invite you to learn more by calling us at 860-347-0025 or visiting us online at MiddlesexCountyCF.org.**

Town of East Haddam

1 Plains Road ~ P.O. Box 385 Moodus, CT 06469

Municipal Office Complex

Main Number: 860-873-5020

Fax Numbers: (Finance/Selectmen) 860-873-5025,
(Land Use/Building/Health) 860-873-1565,

(Town Clerk/Assessor/Tax Collector) 860-873-5042

Hours: Monday, Wednesday, Thursday 9:00 am to 4:00 pm,
Tuesday 9:00 am to 7:00 pm, Friday 9:00 am to noon

Selectman's Office

Emmett Lyman, First Selectman 860-873-5021 admin@easthaddam.org
Linda Zemienieski, Executive Assistant admin@easthaddam.org

Assessor's Office

Loreta Zdanys, Assessor 860-873-5026 assessor@easthaddam.org
Patty Veselak, Administrative Assistant

Building Department

Vincent Garofalo, Building Official 860-873-5024 building.dept@easthaddam.org
Ruth Ziobron, Administrative Assistant

Chatham Health District

Sanitarian 860-873-5101

Finance Department

Cynthia Varricchio, Finance Director 860-873-5022 financeadmin@easthaddam.org
Dawn Snow, Finance Assistant 860-873-5040 finance@easthaddam.org
Kathy Klinck, Treasurer 860-891-8502

Land Use Offices

Jim Ventres, Administrator 860-873-5031 admin.landuse@easthaddam.org
Zoning Enforcement Officer zeo.landuse@easthaddam.org
Nancy Talbot, Administrative Assistant landuse@easthaddam.org

Tax Collector's Office

Denise Dill, Tax Collector 860-873-5033 taxcollector@easthaddam.org

Town Clerk's Office

Deb Denette, Town Clerk 860-873-5027 townclerk@easthaddam.org
Beverly Christopher, Assistant Town Clerk

Public Works Department

fax: 860-873-6014

Town Garage Hood Lane Hours: Monday through Friday, 7:00 am to 3:30 pm
Transfer Station Nichols Road Hours: Monday, Wednesday, Friday 7:00 am to 5:00 pm and Saturday 7:00 am to 4:00 pm
Elizabeth Lunt, Public Works Administrator 860-873-5023 pwadmin@easthaddam.org
Steven Hedler, Public Works Superintendent pwsuper@easthaddam.org
Shirley Dill, Administrative Assistant publicworks@easthaddam.org
Don MacKenzie, Transfer Station Foreman 860-873-5030

Other Departments

Don Angersola, Fire Marshal 860-873-5004 firemarshal@easthaddam.org
Brian Auld, Fire Chief 860-891-8400 firechief@easthaddam.org
Lisa Conroy, Parks & Recreation Director 860-873-5058 parkandrec@easthaddam.org
Michael Olzacki, Animal Control Officer 860-873-5044 animalcontrol@easthaddam.org
Vacant, Economic Development Coordinator 860-891-8503 edevcoordinator@easthaddam.org
Craig Mansfield, Emergency Management Director 860-873-5103 ehaddamemgmt@easthaddam.org
Ronald Turner, Director of Operations 860-873-6010 ronald.turner@easthaddam.org

Resident State Trooper - Troop K East Haddam Police

860-465-5400 police@easthaddam.org
860-873-5041 police@easthaddam.org

Probate Court

Jennifer Berkenstock, Judge of Probate 860-295-6239

Linda Neal, Clerk lneal@ctprobate.gov

Registrars of Voters

Lucy Salicrup & Martha Hansen 860-873-5029 registrars@easthaddam.org

Senior Services 15 Great Hillwood Road

Brad Parker, Municipal Agent 860-873-5034 seniors@easthaddam.org
Patricia Puia, Program Assistant 860-873-5034

Food Bank

860-891-8100

Visit our Website at www.easthaddam.org for
more information, including meeting minutes

From the Assessor

The Assessor's office began accepting applications for the Elderly and Totally Disabled Renters Rebate Program on April 1, 2018. Applicant's total income must not exceed \$35,300 for a single person, and \$43,000 for a couple (joint income), including Social Security and Medicare. Applicants must be 65 or older or totally disabled and bring all income, rent, and utility information from 2017. The deadline for filing is October 1, 2018.

Residents whose motor vehicles have been sold, stolen, totaled, or who have moved out-of-state may be eligible for a pro-ration of their car taxes.

Two forms of proof are necessary to pro-rate or remove a vehicle from the grand list. Residents must bring a copy of the plate receipt issued by the Department of Motor Vehicles at the time of cancellation of registration, and a copy of one of the following; bill of sale, transfer of title, receipt from junkyard, notification of total loss, trade-in papers, or some other document showing the date on which the vehicle was disposed. Registrations may now be cancelled online by going to CT DMV Online Services.

The Assessor's office has its own web page on the town website (easthaddam.org). Included is information on real estate, personal property, and motor vehicle assessments; property tax relief for seniors, veterans, and the disabled; renters' rebate; information on revaluation; access to applications and forms pertaining to the Assessor's office.

Economic Development

East Haddam EDC & EHBA are proud to announce the Business of the Month for July 2018

CADENCE 360, LLC / JAD Property Holdings, LLC.

Economic Development in East Haddam has received a boost from the businesses of JAD Property Holdings, LLC and Cadence 360, LLC at 16 Rae Palmer Road in Moodus. These businesses are owned by John and Monique Kananowicz and are located at the former doctor's office; a building which had been vacant for several years when Monique and John bought the building and remodeled the lower level for both Cadence 360 and the Kaze-Kai-Karate Studio run by Sensei Robert Goral.

The upstairs was also remodeled into smaller suites that now house 2 massage therapists; P.T.M. for Health and Kinetic Therapy & Massage along with The Mindful Therapy Studio, a licensed clinical social worker. This renovation has provided updated space for FIVE businesses.



From left to right:
 Selectman Rob Smith, Sensai Robert Goral, Owners John & Monique Kananowicz, EDC Chairman Bob Casner, EHBA President Jess Stone.

Having long desired to be here in East Haddam, Monique and John had looked at several locations in East Haddam - even having set up their spin cycling business in Colchester, when deciding that the Moodus location was right for them and moving it all here! It is with pleasure that we recognize their contribution to developing a strong economy here in East Haddam.

**Know of an economic success story for East Haddam? Feel free to drop us an email at ehedccsmith@gmail.com and let us know who you think would be a great candidate for recognition as Business of the Month.*

The East Haddam EDC is working in conjunction with the towns of Haddam, Chester, Deep River and Essex in developing a tourism-based collaboration based on the common proximity to the lower Connecticut River. This group has met several times with an eye towards tourist-based events and venues that cross through the lower CT River areas, such as the Essex Steam Train, River Quest boat tours, The Goodspeed in East Haddam, Norma Terris Theater in Chester and the Ivoryton Playhouse, Gillette Castle and the Essex Seaport Museum.

The work is being done in the hopes that we can enrich the economy by cross marketing the festivals, venues and enhance the tourism for the areas restaurants and retail outlets.

UPCOMING EAST HADDAM EDC EVENTS INCLUDE:
A seminar on Economic Development presented by the Connecticut Economic Resource Center (CERC) on Thursday, September 20, 2018 6:30 to 8:00 pm.

East Haddam Fall Weekend, Columbus Day Weekend / Saturday, October 6, 2018 with events through-out the businesses in East Haddam. If interested in being involved, please call Sue at: 860-885-9670.

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Registrar of Voters News

East Haddam approved the town budget of \$31,562,517 for fiscal year 2018-2019 at a budget referendum on May 8, 2018. There were a total of 721 votes cast, including 5 by absentee ballot and 8 by property owners. 431 people voted yes and 290 voted no. Voting took place at the Old Town Hall. Now that the gymnasium at the new Municipal Office Complex is ready it will be the polling place for future voting events.

At this writing we are expecting Democratic and Republican primaries to be held on August 14, 2018. We are awaiting confirmation of candidates from the Secretary of the State's Office. This will be the first time we will use the gymnasium at the new Municipal Office Complex as a polling place since the building was renovated. Please contact the Town Clerk for information about Absentee Ballots.

There will be an election on November 6, 2018. Polls will be open from 6:00 am to 8:00 pm. Voting will take place at the new Municipal Office Complex gymnasium at 1 Plains Road in Moodus. We will be voting to fill the offices Governor and Lieutenant Governor, U.S. Senator, Representative in Congress, State Senator, State Representative, Secretary of the State, Treasurer, Comptroller, Attorney General, and Registrar of Voters. Both of our Registrars of Voters have now completed



Poll workers on the steps of the East Haddam Town Hall for the May 8, 2018 Budget Referendum.

the Registrar of Voters Certification program and passed with flying colors.

We are always looking for people to work at the polls. This is a paid position; poll workers are not volunteers. For more information, please call our office at: 860-873-5029 and leave a message. We will get back to you. Please come out and vote! Our democracy depends on your participation.

22nd Annual Venture Smith Day Festivities

The 22ND annual Venture Smith Day Festivities will be held on Saturday, September 8th from 1:00 pm to 4:00 pm in the cemetery at the First Church of Christ, 499 Town Street (RT. 151), East Haddam, Connecticut, where Venture Smith is buried (1729-1805).

Son of an African king, Venture Smith became the first black man to document his capture from Africa and life as an American slave and successful black free-man in Connecticut. Well known and respected, Venture Smith spent the majority of his freedom years in East Haddam and Haddam Neck, Connecticut. His grave is one of the original sites on the Connecticut Freedom Trail.

The keynote speaker will be Jesse Nasta, Ph.D., Visiting Assistant Professor of African American Studies at Wesleyan University in Middletown, Connecticut. His presentation is called "Inheriting Freedom, Venture Smith's Descendants and Connecticut Emancipation



Jesse Nasta, Ph.D. Visiting Assistant Professor of African American Studies at Wesleyan University will be the keynote speaker at the 22nd annual Venture Smith Day Festivities

1784-1848." At Wesleyan, Dr. Nasta's research focuses on the social and legal histories of slavery, emancipation, and African American mobility during the eight decades prior to the Civil War. He earned his doctorate and Master of Arts degrees at Northwestern University and his Bachelor of Arts degree at Wesleyan University. He began his research on Connecticut's 19th-century African American history when he was an undergraduate student at Wesleyan University.

Dr. Karl P. Stofko, East Haddam's Municipal Historian and Venture Smith family genealogist since the 1970s, will talk about "Slavery in East Haddam during the 1800s according to records of the First Church of Christ." In his second presentation, Dr. Stofko's will talk about



Dr. Karl P. Stofko, East Haddam's Municipal Historian and Venture Smith family genealogist since the 1970s, will talk about "Slavery in East Haddam during the 1800s according to records of the First Church of Christ."

how Venture Smith was helped by his East Haddam and Haddam Neck friends.

Venture Smith's family genealogy and

artifacts and crafts from Ghana and other regions of Africa will be on display. A town proclamation will be presented and wreath-laying ceremony by the descendants of Venture Smith and the annual Venture family reunion photograph will take place in the cemetery by Venture's grave.

In addition, the ladies of "Sisters In Stitches Joined by the Cloth" of eastern Massachusetts will return this year with their magnificent African American quilts.

Adults and children who are interested in learning more about Connecticut history in the 1700 and 1800s are encouraged to attend. Please bring lawn chairs or a blanket. In case of inclement weather the celebration will move into the First Church.

There will be plenty of time to renew old friendships, talk with the speakers, and Venture's descendants, as well as enjoy light refreshments in the Parish Hall next to the cemetery. If you have questions,



The ladies of "Sisters In Stitches Joined by the Cloth" of eastern Massachusetts.

please call 860-873-9375. To review the original Venture Smith autobiography go to: www.docsouth.unc.edu/neh/venture2/menu.html.

A BRIEF BIOGRAPHY OF VENTURE SMITH

Born around 1729, Venture Smith's African birth name was Broteer, and he was the eldest son of King Saungm Furro of the tribe of Dukandarra in Guinea, West

Africa. He was captured about 1736 when he was seven years old and was sold for "4 gallons of rum and some calico" at Anamabo on Africa's Gold Coast to Robinson Mumford, the steward of a Rhode Island slave ship. Broteer was renamed Venture because he was purchased by Mumford's own private venture. Venture grew up as a slave on Fishers

continued on page 12

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Venture Smith Day... continued from page 11

Island, New York, which was being leased by the Mumford family at that time.

Around 1750 he married Meg, another Mumford slave. They had four children. After a failed escape attempt in 1754, Venture was sold to Thomas Stanton of Stonington Point, Connecticut. In 1760, he was purchased for the last time by Oliver Smith, of Stonington. Smith allowed Venture to purchase his freedom in 1765 and in return Venture took the name Smith as his surname.

Venture then lived and worked on Long Island to raise money to purchase the free-

dom of his wife and children. During these years he cut wood, farmed, fished, and spent seven months on a whaling voyage.

In 1774, Venture sold all his land on Long Island and in Stonington and moved his family to East Haddam. He then began purchasing land on Haddam Neck along the Salmon River Cove from Abel Bingham and others. His farm grew into 134 acres with three houses, twenty boats, canoes and sailing vessels, two fishing businesses and a commercial orchard. His entrepreneurial ventures included river trafficking, lumberjacking, carpentry and farming. All this he accomplished without

the ability to either read or write.

In 1798, Venture dictated his autobiography to teacher Elisha Niles, which was then published in pamphlet form by Charles Holt, editor of the New London Bee. It has been reprinted many times. It is the only slave narrative of the 18th century that recounts life in Africa.

His life story has been an inspiration to many over the years. Venture died on September 19, 1805, a highly respected man by all in the Haddams. His wife, two sons, Cuff and Solomon, and several grandchildren survived him. Several of his descendants still live in Connecticut.

East Haddam Library System

Summer Reading at Your Local Libraries

This summer, The East Haddam Free Public Library and The Rathbun Free Memorial Library are your destinations for summer reading fun. Kids receive a prize every week plus one big prize at the end of the summer. Teens & adults can enter free prize drawings by participating in Summer Reading.

GOING AWAY THIS SUMMER?

Not to worry, the libraries have audio books and DVDs to keep you entertained on your travels. Not to mention thousands of downloadable magazines from RBDigital - and ebooks & audio books available through Overdrive. All of this is available via our new online catalog. For more information visit www.easthaddamlibrarysystem.org, or ask a librarian.

A selection of our August events is listed below. Be sure to pick up a summer reading brochure or check out the calendar on our website. Happy Summer!

- **Friday, August 3** - 7:00 pm at the Grange Hall - Wolves in Your Backyard: Learn all about the wolves & coyotes living in East Haddam. Presented by Wildlife Expert Paul Coburn (Adults)
- **Tuesday, August 7** - 2:00 pm at the Rathbun - Make a Sound Spinner (Ages 5+)
- **Friday, August 10** - 2:00 pm at EHFPL - Meet a Bat Meet Amelia Batheart, a live education bat, and learn about these nocturnal winged marvels. Presented by Wildlife Expert Maureen Heidtmann (Ages 5+)
- **Saturday, August 11** at EHFPL - 10:30 am at EHFPL Color Science, Come learn about the colors of the rainbow with fun art projects. (ages 3+)

- **Monday, August 13** - 1:00 pm at EHFPL - Fossil Hunt Dig for fossils and learn about the largest animals ever to roam the earth - Dinosaurs! (Ages 3+)
- **Wednesday, August 15** - 11:00 am at the Rathbun - Let's Make a Rainmaker. Come and create your own rainmaker! (Ages 5+)
- **Wednesday, August 15** - 6:00 pm at EHFPL - Teen Manga Club: Share your love of Manga & Anime with fellow fans. Read new titles, and play manga-themed games (Ages 11+)
- **Thursday, August 16** - 11:00 am at the EHFPL - Read with Second Grade Teachers
- **Thursday, August 16** - 2:00 pm at the Rathbun - Book Club: Check our website for the book of the month and pick up a copy at the circulation desk for this month's discussion
- **Tuesday, August 21** - 11:00 am at EHFPL - Build a Turtle Craft: Stop in anytime from 11-5 to make a fun turtle themed craft! (Ages 5+)
- **Wednesday, August 22** - 11:00 am at Rathbun - Read with First Grade Teachers Stop in anytime from 11:00 am - 5:00 pm to make a fun turtle-themed craft! (Ages 5+)
- **Friday, August 24** - 5:00 pm at EHFPL - Harry Potter Trivia Potter: Muggles and Wizards alike are invited to test their Wizarding World Knowledge at this special event.

The Friends of Rathbun Library are also planning an exciting slate of guest speakers for August & September. Please check the library website and calendar for details.

East Haddam Stage Company

East Haddam Stage Company hits a milestone! 10th anniversary of live theatre at Gillette Castle State Park! Named Resident Theatre Company at Gillette Castle State Park in 2017, EHSCO is proud to announce the show for this special season: a comedy based on William Gillette's 1890 Victorian farce *The Professor*. Producing Artistic Director, Kandie Carle, has whittled the massive, 4 act extravaganza down to a 30-minute, 4 character romp.

The play takes place at a resort hotel, The Seventh Sister Inn, summer 1890. When the Professor's sister Fanny invites him to join her, it isn't just to see the countryside. She has her sights on being a matchmaker! While her naive but brilliantly scientific brother tries, he stumbles (literally and figuratively) all over the place. And Daisy's father has a thing or two to say about this young man's attentions to his daughter. The fun includes clever repartee, a signature of William Gillette's comedic style. Will the bumbling Professor win the young lady in the end? Come see the show to find out! (*Gillette originally set the show at a resort in New Hampshire, but EHSCO is placing it in East Haddam, giving the fictional Inn the name Gillette originally gave his retirement home in the early 1900s, the Seventh Sister, which is now known as Gillette Castle*)

Shows take place at Gillette Castle State Park, 67 River Road, East Haddam CT. They are weekends only (July 7th through August



"Don't let the Professor get away!"
Actors left to right: Andrew Goehring of Essex CT as The Professor, Arthur Hinsdale. Jennifer Nadeau of Moodus CT as Mrs. Fanny. Elliot (the Professor's sister). Maggie Walsh of Ivoryton CT as Daisy Thomkins. George Lombardo of Wethersfield CT as Mr. Thomkins (Daisy's father).
Photo by C. Carle

12th, 2018), and run for 30 minutes at 1:00 pm and again at 2:30 pm on the outdoor stage near the house. How much? FREE! The audience area is wheelchair accessible. There is limited bleacher and bench seating, so visitors are encouraged to bring their lawn chairs, and / or a picnic blanket. Unless rain is actually coming out of the sky onto the stage at show time, the show will go on.

Contact info: EHSCO office: 860-873-3521, Web: www.EHSCO.org and info@EHSCO.org. Find us on: Facebook, Instagram, Twitter.

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East Haddam Ambulance Association



EHA Members attended an EMS conference at Mohegan Sun.

The past few months have been busy for EHA Emergency Medical Technicians (EMTs) and Emergency Medical Responders (EMRs) with ongoing education, training, and community events.

EHA has a few members who recently finished an EMT Course at Middlesex Community College. Students learned about patient assessment, cardiac arrest management, airway management, patient immobilization, diabetic emergencies, respiratory emergencies and trauma. Just recently, one member passed her EMT Certification testing and will now ride as a 4th on ambulance calls until she reaches required benchmarks and becomes a full crew member.

The 3rd Annual Evelyn Comer & Alumni Free CPR Clinic providing CPR and AED training took place. Seventeen members of our community participated and were certified by the American Heart Association. Members of EHA helped with teaching. East Haddam is a HEARTSafe Community and by offering CPR Clinics, our town maintains our HEARTSafe Community status.

EHA members and Community Emergency Response Team members (CERT) participated in a Stop the Bleed program. Stop the Bleed is a national awareness campaign and call-to-action. Stop the Bleed is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives. Participants learned how to use tourniquets and hemostatic dressings when packing wounds. The class was led by Dr. Ron Gross and EHA training officer Steve Dorfman. EHA would like to thank Dr. and Mrs. Gross for donating a Stop the Bleed training kit. The newly acquired training kit will be used to train members of our community in the coming months.

Approximately 12 EHA members attended an EMS Conference at Mohegan Sun in late May. Attendees participated in various educational learning modules. National and local speakers provided great lectures. The conference also featured a vendor area where the latest EMS products, clothing and ambulance manufacturers were on hand to answer questions and distribute information.



Above and below EHA and CERT members participating in Stop the Bleed training.



Please visit our new and improved website. Our website has information about the history of EHA, how to become an EMT or EMR and a course listing of CPR/First Aid classes held monthly right here in town. Please visit www.easthaddamambulance.org. EHA is also on Facebook. Please search East Haddam Ambulance and "Like Us."



WHAT IS 2-1-1?

It is Connecticut's free and confidential information and referral service. By calling 2-1-1, a toll-free number throughout CT, callers can reach knowledgeable, multilingual staff and get information, referrals or seek help in a crisis. 2-1-1 operates 24 hours-a-day, every day of the year. TDD access is available. Visit the website for more information: <http://www.211.org/#>



East Haddam offers visitors the opportunity to explore history, art, and natural beauty in scenic New England. East Haddam inhabits 56.6 square miles of rolling countryside dotted with old farmsteads, lakes, handsome state parks and quaint neighborhoods.

The fortunes of East Haddam have always been tied to the Connecticut River which brought settlers and commerce to the area. Historic homes, old stone walls, post and beam barns and early American buildings are a testament to the early life of our trading and farming town. You are welcome to share the views of our undisturbed woodlands, miles of dirt roads, and numerous pastures. Take time to relax and enjoy your "get-away" in a location that the Nature Conservancy calls "One of the last great places." Visit our website at: www.easthaddam.org to find detailed information about the many attractions East Haddam has to offer.

East Haddam Fire Department - Help Us Help YOU!

For the most part when it comes to finding your home, your family, friends, mail carrier, etc. know where you live. When someone who has never been to your address before can't find you, time is usually not a big deal - they can find a phone and call for directions.

Finding your address CAN be a big deal if someone can't find you quickly when a fire or a medical emergency occurs! Fire, ambulance, and police personnel who have never been to your address need to be able to locate you quickly when you call. If your home, business and/or mailbox does not CLEARLY show your address, it can delay vital emergency help to you or your

neighbors. Minutes will seem like hours when you are waiting for help! Help us to find you!

The East Haddam Fire Department is now offering highly visible reflective address markers to East Haddam residents and businesses. These professionally made address markers will be available for a nominal fee, and will be delivered to your address ready for installation. Order forms are available at the Company 1 firehouse located on Town Street, on the department website at: www.EastHaddamFire.org and here below. For further information, please contact 860-873-5036 between the hours of 6:00 am and 2:00 pm, Monday through Friday.

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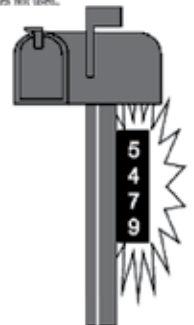
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Nathan Hale-Ray All School - All Class Reunion 2018

SAVE THE DATE!

The Nathan Hale-Ray All School - All Class Reunion 2018 is Saturday, August 18 at the Moodus Sportsmen's Club, Colchester Turnpike, Moodus. Festivities start at 3:00 pm. Dinner is 5:00 pm to 7:00 pm, with entertainment from 7:00 pm until 11:00 pm.

Tickets are available at the door. For only \$20 a ticket, you get delicious food and outstanding entertainment. The menu includes pulled pork, BBQ chicken, potato salad, coleslaw, tossed salad, iced tea, lemonade, coffee, and more. Please note that the Reunion is a BYOB event.

You do not have to be a Hale-Ray graduate to attend the Reunion. Anyone who went to Hale-Ray or is part of the Hale-Ray extended family of parents, teachers, staff, and former teachers is welcome. Teachers who have attended include Lou Milardo, Jim Meyer, Irene Parady, Jack Salbinski, John Nahas, Ray Flaherty, Kevin and Joanne Maynard, and Charlie Boynton, just to name a few. Who will you see this year? Come and find out!

All proceeds go towards helping our students. In 2013, our first year, we gave one scholarship. Since then, we have expanded to awarding two \$1000 scholarships. The Nathan Hale-Ray Alumni Association has also sponsored the June Thomas Art Award, essay contests, Project Graduation, and the MPAC Walk-A-Thon.

Here is what you can do to help the Nathan Hale-Ray Alumni Association have another successful Reunion and raise funds for the scholarship program and our students:

1. Attend and bring your classmates, friends, and family.
2. Spread the word through Facebook, e-mail, mail, or word of mouth.
3. Donate a gift for our awesome raffle!
4. Bring a dessert.
5. Bring your stories, memories, and old photos - anything you would like to share about what a special place Hale-Ray is.
6. Become a member of the Alumni Association and contribute your ideas!

The Nathan Hale-Ray Alumni Association is a not-for-profit organization, so your donation is fully tax deductible.

For more information, email: halerayalumni@gmail.com, or call Ed Gubbins at: 860-873-8012, or Roy Parker at: 860-873-2367.

You can also visit us at: www.halerayalumni.com or on Facebook at Past Students of Nathan Hale-Ray High School.



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Dominion Energy Awards \$3000 Grant to Hale-Ray Alumni Association

Nathan Hale-Ray Middle School students will be able to explore space and dive into the deepest depths of the ocean. They will take field trips to learn about building the tallest buildings, or perhaps to study rainforests in Brazil. Sure, you might say, maybe someday. At the Middle School, someday is today, thanks to a grant from Dominion Energy Nuclear Connecticut, Inc.

Dominion Energy Nuclear Connecticut, Inc., owner of Millstone Power Station in Waterford, CT, recently awarded the Hale-Ray Alumni Association a \$3,000.00 grant, which will be used to expand the STEM (Science, Technology, Engineering, and Math) program at Nathan Hale-Ray Middle School. Assistant Principal Roy Parker said that the grant will go towards purchasing 20 Google Expeditions devices. These devices will help students learn about the environment, alternative energy sources, and much more.

Dominion Energy and the Dominion Energy Charitable Foundation accept applications from employees, and annually award about \$20 million to organizations which are tax-exempt under Section 501(c)(3) of the IRS code.

GRANTS ARE MADE IN FOUR FOCUS AREAS:

- Human needs grants that support increased food security, housing and shelter, and access to basic medical and health care.
- Environmental stewardship grants to protect natural resources and help non-profit organizations make efficient use of energy.
- Education grants to develop the capacity of the future workforce, especially in STEM and energy fields.
- Community vitality grants to foster an appreciation of diversity, revitalize neighborhoods and ensure a vibrant community life through support of cultural endeavors.

Millstone Power Station provides approximately 50% of the electricity consumed in Connecticut. The station's two active units




Check presented to Middle School Assistant Principal Roy Parker and Principal Jason Peacock.

generate enough power for more than one million homes and businesses, and is 98% carbon free. Dominion Energy grants are awarded primarily in areas where they provide electricity or natural gas services. Grants typically range from \$1,000-\$15,000 and where there is employee involvement in the effort.

Jennifer Rowland, Nuclear Licensing & Regulatory Affairs Coordinator at Millstone, submitted the grant application. She is a 1996 graduate of Nathan Hale-Ray High School and member of the Hale-Ray Alumni Association.

The future looks bright for our Middle School students! We can only imagine what discoveries they will make, and we look forward to seeing where Google Expeditions takes them.



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East Haddam Public Schools

Mission Statement: The mission of the East Haddam School District is to develop a community of lifelong learners who are prepared to become independent, creative and productive citizens for our diverse and ever-changing global society.

Welcome to the East Haddam Public Schools Section of the Events Magazine!

If you ever wondered where the students come from that go to the national competitions, like National History Day and Invention Convention, then, you don't need to look past the boundaries of East Haddam.

Cate Tarnowski, grade 5, recently returned from Dearborn Michigan where the National Invention Convention program compared inventions from across the country that represented the best ideas from each state. We are extremely proud of her and the supporting teachers that have the pleasure of working with her.

Just a few days later, Hannah Robinson, grade 8, returned from the University of Maryland as a finalist in the National competition of National History Day. Her placement of 5th in the nation sets her at the top of a group of over 400,000 students nationwide. We are very fortunate to have such a student.

National History Day and Invention Convention are two of several programs that we are supporting as a school system because they give students the opportunity to take a position on an issue, develop an idea, or create. With that idea, they are encouraged to conduct research, organize and present their case. This instructional method requires students to take responsibility for the process of learning and use their unique set of skills to develop truly authentic work. We are confident that opportunities like these will give students the tools to independently and successfully navigate their chosen job, career and academic pursuits.

East Haddam Public Schools continues to grow its offerings of relevant and state of the art experiences for students. Thank you for letting us share some of our proudest moments with you.

Sincerely,
Brian S. Reas, Superintendent of Schools

Accepted colleges and universities from our NHRHS Class of 2018!

Albertus Magnus College	La Salle University	St. John's University - Queens Campus
American International College	Lyme Academy College of Fine Arts	Stonehill College
Anna Maria College	Lynn University	Suffolk University
Assumption College	Manchester Community College	Syracuse University (College of Arts & Sciences)
Barry University	Manhattan College	The American Musical and Dramatic Academy
Bay Path University	Manhattanville College	The University of Tampa
Becker College	MCPS - Massachusetts College of Pharmacy & Health Sciences	Thomas College
Bryant University	Michigan State University	Three Rivers Community College
Cedarville University	Middlesex Community College	University of Bridgeport
Central Connecticut State University	Mitchell College	University of Connecticut
Coastal Carolina University	Monmouth University	University of Connecticut (Avery Point Campus)
Dean College	Mount Holyoke College	University of Hartford
Drexel University	New England College	University of Hartford (Coll of Ed, Nursing, & Health)
Eastern Connecticut State University	Newbury College	University of Maine
Elms College	Pace University, New York City	University of Massachusetts Dartmouth
Emerson College	Pasadena City College	University of Massachusetts, Boston
Endicott College	Paul Mitchell the School-North Haven	University of Michigan
Florida Gulf Coast University	Pennsylvania State University	University of New England
Florida Southern College	Plymouth State University	University of New Hampshire at Durham
Florida State University	Quinnipiac University	University of New Haven
Fordham University	Rhode Island College	University of Oregon
Franklin Pierce University	Rochester Institute of Technology	University of Rhode Island
Georgia State University	Roger Williams University	University of Saint Joseph
Gordon College	Sacred Heart University	Utica College
Hawaii Pacific University	Saint Michael's College	Wellesley College
Hofstra University	Salve Regina University	Wentworth Institute of Technology
Houghton College	Seton Hall University	Western Connecticut State University
Husson University	Southern New Hampshire University	Western New England University
Iona College	Springfield College	Worcester State University
Keene State College		



East Haddam Elementary School



The East Haddam Elementary School staff wish all the students and their families a fun-filled safe summer holiday!

Principal
Joanne Collins

Telephone: 860-873-5076

UPCOMING EVENTS

August 27
MEET & GREET
2:30-3:30

August 29
First Day of School

September 3
Labor Day/No School

September 12
PK, K, 1st Grade
Open House

September 19
2nd & 3rd Grade
Open House

October 8
Columbus Day/No School

October 9
No School/Professional
Development

October 17, 18, 19
Parent/Teacher Conferences

Throughout the months of May and June, the elementary school staff and families came together often to support the students as they closed their school year. The staff and students were proud to invite community members to participate in their *Family Learning Showcase* event. Students from each grade level exhibited learning activities in Math, STEM, World Language, Makerspace, and their work within the Art Studio and Computer Lab. Additionally, the school's June 14th Flag Day/Arbor Day assembly was a great success. A confident third grade drummer played a snare drum solo to begin the assembly, preschoolers led the audience in the Pledge of Allegiance, and students sang songs and played recorders. Additionally, three third graders took turns performing special dances and piano pieces. The school principal expressed pride in the students' performances and gratitude for the East Haddam Garden Club's annual Arbor Day tree/bush donation to the school. Mrs. Caron was recognized as the school's Teacher of the Year and Mr. Packard from the Connecticut Society of the Sons of the American Revolution presented an award to Mrs. Daphne Miller for her community service.

The elementary school is continually grateful for the generous support and volunteerism of their PTO Executive Board and volunteers, including their work with this year's Basket Bash fundraiser. The school benefits from all PTO-sponsored cultural arts events, assemblies, and recognitions! This gratitude extends further as the elementary school staff was treated to a recognition week and third graders participated in the PTO's ice cream social event. Students ended the school year on June 22nd and staff returned to school to participate in professional development on June 25th and 26th.



**2018
Summer
Reading
Kick off**



Nathan Hale-Ray Middle School

Principal
Jason Peacock

Assistant Principal
Roy Parker

Telephone: 860-873-5081

UPCOMING EVENTS

August 29
First day of school for students

September 3
Labor Day/No School

September 20
4/5th grade Open House

October 8
Columbus Day/No School

October 9
No School/Professional
Development Day

October 17, 18, 19
Parent/Teacher Conferences



The Administration and Staff wish all the students a safe and fun-filled summer vacation.

Good luck to our 8th grade class as they enter into their high school careers!



National Invention Convention

Grade 5 student, Cate Tarnowski, and her teacher, Mrs. Bernard, traveled to Dearborn Michigan May 31st – June 3, 2018 to compete at the National Invention Convention. Cate began her journey with first win with her invention, the *Beverage Breezer* at our local Connecticut Invention Convention (CIC) at Nathan Hale-Ray Middle School in February. Her invention solved the problem of preventing burns from drinking hot liquids by adding a fan attachment to the lid that cools tea, hot cocoa, or coffee in seconds to the perfect temperature. She also created a working prototype. She successfully competed at the Regionals in March at Hamden MS and went on to compete again the State CT Invention Convention. Cate won the Recognized Inventor Award as well as an invite to attend Nationals. The Connecticut Association of Gifted and Talented Teachers also invited Cate to share her project at their annual event in May in order to inspire other teachers in our state to add this curriculum into their programs in the future. Nationals was held at the Henry Ford Museum in Dearborn. This museum holds many of the innovations of our nation. It was inspiring to be able to study the amazing inventions as well as analyze the pieces of history Mr. Ford collected. Cate competed along with 450 children from 20 states and two countries.

National History Day

Congratulations to grade 8 student, Hannah Robinson! Hannah, and her teacher, Tina Bernard, traveled to the University of Maryland June 10th – June 14th to compete at the National History Day Competition. Hannah won at our district competition in February, Regionals in March at Manchester High School, and then won State Champion in April for her individual website entry with an invite to attend the national competition. Hannah competed against over 3,000 students from all 50 states and other counties! Hannah did her research on Typhoid Mary with a focus on individual rights vs. the rights of all in regards to the issue of contagious diseases. She also brought into her website issues of women's rights, education equivalency, and immigration rights. Hannah received the honor of being named **National Finalist**, which means she was in the top five rank in our country! We also went to the Capital, where she and Mrs. Bernard met with Senator Blumenthal. It was a huge honor to meet our Connecticut representative in person!





Nathan Hale-Ray High School

NOISES NEWS BRIEF

Principal
Eric Spencer

Assistant Principal
Christopher Eckert

860-873-5065

School Counselors
Laura Corbett

Mary Little-Finnegan

860-873-5068

COMING EVENTS

August 29
First Day
For Students

UPCOMING FRESHMAN
ORIENTATION THIS
AUGUST!

Have a
great
summer!



Congratulations! Graduating Class of 2018!



Congratulations to the Class of
2018 Valedictorian, Kate Ryan,
and Salutatorian, Isabelle Hajek.



Congratulations to the 2018 HALO winners:
Jack Rogerson and Cameron Jirowetz
(both Juniors at NHRHS and active mem-
bers of the drama program. They won for
their work on special effects for the fall
production of "It's a Wonderful Life."



Congratulations to this year's recipient of the Shoreline Confer-
ence Social Studies Award, Jack Lavarreda! Jack is a member of
the National Honor Society and recently received news of his ac-
ceptance into the Coast Guard Academy Introduction Mission for
this summer. In the future, he hopes to be a part of the Coast
Guard's Humanitarian Disaster Relief or International Criminal Jus-
tice. Nathan Hale-Ray HS is proud to announce Jack
Lavarreda as the recipient of the 2018 "Outstanding Commitment
and Achievement in Social Studies."



East Haddam
Youth & Family Services, Inc.

East Haddam Youth & Family Services, Inc.

www.ehyfs.org ~ 860-873-3296 ~ youthandfamily@ehyfs.org

As the summer winds down and we approach another school year, EHYFS is looking forward to offering a range of activities and programs for East Haddam's youth and families. Our schedule for the months of August, September and October includes the following:

August 1st: Middle School Beach Party for incoming 4th through 8th grade students. Town Beach from 6 to 8 p.m. Snacks, games, music, and an opportunity to get together with friends before the summer ends.

August 21st: High School Bonfire for incoming 9th through 12th grade students. Town Beach from 7:30 to 9:30 p.m.

September 14th: Family Night for elementary children (grades K-5) and their families. Elementary School cafeteria from 6:30 to 8:00 p.m. Theme: Lego Night and Ice Cream Social.

September 20th: Youth Helping Youth general meeting for incoming 9th through 12th grade students. EHYFS office from 6:00 to 7:30 p.m. Group teaches and promotes leadership skills through a variety of prevention, mentoring and community service activities.

September 26th: Presentation at High School assembly on signs and symptoms of mental health issues such as stress and anxiety and how to address them.

October 4th: Youth Helping Youth general meeting, EHYFS office from 6:00 to 7:30 p.m.

October 7th: EHYFS third annual Ride or Stride Fundraiser. See details below.

October 12th: Family Night for elementary children (grades K-5) and their families. Elementary School cafeteria from 6:30 to 8:00 p.m. Theme: Halloween.

October 18th: Youth Helping Youth 4th and 5th grade activity. Details will be made available in mid-September. Youth Helping Youth General Meeting, EHYFS office from 6:00 to 7:30 p.m.

October 22nd: Homework Hangout begins for middle school students, grades 4 to 8. After-school program that offers the opportunity for students to do their homework in a safe, supervised environment.

October 22nd: SHARP for middle school students, ages 10 and older. This four-hour program provides valuable safety information for children who stay home alone. Details will be made available by mid-September.

As always, please check our website, ehyfs.org, for more information.



East Haddam Youth & Family Services
3rd Annual Ride or Stride Fundraiser

Sunday, October 7, 2018

Please join us for this family fun day featuring Gravel and Road bike rides and a 5K run or walk followed by a picnic at the Sportsmen's Club! We will be offering lots of great raffle prizes from local businesses.

More information will follow in the East Haddam News and on social media.

East Haddam Local Prevention Council



The East Haddam Local Prevention Council (EHLPC) is an alliance of individuals and groups working together under the umbrella of East Haddam Youth & Family Services to create a strong, safe and substance free environment for East Haddam youth.

Building that healthy environment takes a collective voice from all parts of our community. We need the insights, skills, and participation of a wide range of local stakeholders to achieve our goals, and building community collaboration is integral to addressing our local needs. By developing opportunities and building positive relationships, we decrease the risk of youth drug and alcohol use.

The East Haddam Local Prevention Council is seeking representatives from our community to volunteer their time in the service of our youth.

What's Happening?

Keep Your Focus

A number of studies have now linked adolescent marijuana use with a range of detrimental outcomes. Young people who smoke heavily are less likely to achieve academically, less likely to be employed later in life, and are less likely to marry. Teenage use of marijuana has been shown to impact brain development, and potentially exacerbate latent mental illness (including psychosis, depression, anxiety, and suicidality). In addition to its mental health ramifications, marijuana use has been linked to lung damage and serious cardiovascular problems.

The consequences of marijuana use aren't just felt by the individuals using though. Society is impacted as well. This is especially true in those states that have chosen to legalize marijuana. Colorado witnessed a 210% increase in average calls to poison control centers after legalization. Their annual rate of marijuana-related emergency room visits increased 35% between the years 2011 and 2015. Central Oregon hospitals saw a nearly 2,000% increase in emergency room visits due to marijuana poisoning. The crime rate in Colorado has increased 11 times faster than the rest of the country since legalization. Misdemeanor and vehicle thefts have significantly increased in Alaska since legalizing. Their larceny rate has risen so dramatically that they moved from 16th in the country to 2nd. Washington State has witnessed drugged driving fatalities double since legalization.

Due to these and other concerns, the East Haddam Local Prevention Council has made addressing marijuana use a priority in our community. As part of this effort, we are bringing the Keep Your Focus campaign to East Haddam. The campaign was developed by the neighboring Durham Middle Field Local Wellness Coalition and encourages young people to stay focused on what matters in life. It incorporates messages about athletics, academics, and staying safe while driving. The campaign includes participation from our local schools, public libraries, businesses, and more.

Wellness in East Haddam

The Local Prevention Council and Youth & Family Services has had a booth at the East Haddam Farmers' Market this summer to share stress reduction tips and tools with the community. Research shows a connection between stress, anxiety, depression and other mental health issues and substance use. To effectively reduce substance use among our youth we must address some of the underlying risk factors that make them more likely to use. To offer alternative ways to manage these issues, the coalition has been highlighting recreation, exercise, massage, yoga, meditation, and more in partnership with a range of local businesses and organizations.

Our work at the Farmers' Market is just one component of a larger wellness initiative we will be continuing throughout the year. Check www.ehlpc.org/whathappening/events for more information!



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East Haddam Elementary School PTO

The East Haddam Elementary School (EHES) PTO is excited to report another great school year! We continued annual traditions such as First Day Welcome for Teachers, Kindergarten Welcome, Teacher Conference Dinners, Fall Dance, Wall of Fame, Fall & Spring Book Fairs, Project Safe Halloween, Bus Driver Appreciation, After School Programs, Holiday Fair, Staff Appreciation Week, Helen M. Thomas Scholarship, Basket Bash, and Third Grade Ice Cream Social!

Our various fundraisers were very successful: we made over \$24,000. Basket Bash was our most successful fundraiser, earning approximately \$14,600! All monies earned throughout the school year go directly back to the school to benefit our students, teachers, and staff. This year we were able to fund our Cultural Arts Program with \$9,430, which provided several grade level and school wide presentations, along with a contribution to a 3rd grade field trip. We also provided \$7,183 in Teacher/Staff Disbursements in the fall and spring. We had a special author visit this year by Jane O'Connor, who writes the Fancy Nancy Book Series. She discussed being a writer, autographed some books, and a few lucky kids were selected to have lunch with her!

In September, we will host our 2nd Annual PTO Informational Meet & Greet for Pre-K, Kindergarten, and 1st grade parents. It will immediately follow the Open House at EHES. We look forward to the opportunity to meet all the new parents of our youngest students!

Thursday, September 20th will be our first PTO Meeting of the year! PTO meetings are held monthly at EHES Room 212 at 7:00 pm.

Our Fall Book Fair will be held September 24th - 25th. Book Fair Family Night will be on Tuesday, September 25th.

We will be changing directions on the Fall Fundraiser this year. The Charleston Wrap Fall Fundraiser will be held in the early fall. It offers not only a fantastic selection of wrapping paper, but also wonderful gifts for your kitchen and home. Proceeds from our Fall Fundraiser fund our annual staff disbursements.

For any information regarding EHES PTO, please feel free to contact Jen Wilkins, President, at: EastHaddamElementarySchoolPTO@outlook.com.

East Haddam Leo Club

Incoming 7th - 12th Graders are invited to join the East Haddam Leos!

WHAT DO LEOS DO?

Leos earn volunteer hours by helping their community. They perform fundraisers and participate in community events, including...

- Cardboard Boat Race
- Kids' Day at the Farmer's Market
- Apple Festival
- Pumpkin Walk at Senior Center
- Technology Help Workshops
- Bake Sales
- EHCL Road Race
- Xmas Tree Sales
- EH Lions Auction
- Memorial Day Parade
- Hebron Lions Fair
- Membership Events
- Moodus Green Xmas Decorations
- Game Nights

All proceeds from Leo Club events go to support various charitable causes &



Leos Club photo of 2018-19 Leo Officers.

organizations around town. All community service hours count towards graduation requirements and always looks great on applications! The Leo Club currently consists of over 40 of East Haddam's finest young citizens.

Any East Haddam Teen (grades 7-12), is welcome to join the Leos. The Leos meet the first Thursday of the month and the third Tuesday of the month from 7:00 - 8:00 pm at the East Haddam Senior Center. Potential members are invited to stop by and see what the club is all about. For more details please contact Leo Adviser Michael Gilroy at: GilroyM@gmail.com or pick up an application at: EHFPL or online at: www.easthaddamleos.com.


The East Haddam Lions Club

On August 26th, the Lions will be hosting their annual Senior Chicken BBQ. The meal is free for seniors. Tickets are available at the Senior Center.

On September 15th, the Annual Lion's Club Golf Tournament will be held at Quarry Ridge in Portland, CT. It is \$135 per player which includes dinner and the chance to win some amazing prizes. For more information, including entry forms, please visit our website at www.EastHaddamLions.com.

The East Haddam Lions would like to thank everyone who helped make this year's annual Lions Club Auction a success. With your support, the club raised over \$12,000 for the community. 100% of the money from the auction is used in East Haddam to help various town organizations, charities and efforts such as the Food Bank, Fuel Bank, and Nathan Hale-Ray Senior Scholarships. A special thanks to all the Lions for their hundreds of volunteer hours and especially to Lion Joe Busher for his outstanding efforts in organizing this annual town tradition!

The Lions would like to thank all the businesses, sponsors, and participants who help make the Auction, Golf Tournament, Car Raffle, Phonebook and Senior Chicken BBQ successful each and every year.



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East Haddam Community Lions Club

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The new slate of officers of the East Haddam Community Lions was installed by Colchester Lion PDG Julie Shiloski: Jiffy Spencer, President; Dan Alexander, 1st VP; Dick Gerber, 2nd VP; Christine vanValkenburg, Secretary; Maryjane Malavasi, Treasurer; Nan Alexander, Membership Chair; Marcy Masci, Tail Twister; Tammy Charbonneau, Lion Tamer; Karan Conover, Diane Bielski and Karen Ziobron, 1-Year Directors; Betsy Barney, Kathy Bristol and Giovanna Watters, 2-Year Directors; and John Bradshaw, Past President. The Community Lions ended their fiscal year with over \$23,000 raised and given back to our community and other Lion-sponsored projects.

East Haddam Cub Scouts Pack 22 were just one of the recipients of a donation that enabled them to purchase Pack T-shirts for the entire pack and their leaders.



Cub Scout Pack 22 with leader Community Lion Paul Will.

Our active membership increased by sixteen new members this past year and our club is proud to say we are 67 strong! If you are interested in Lions and would like to know more, check out our website at www.ehcl.org and 'Like' us on Facebook! and call Membership Chair Nan Alexander at 860-391-4348.



From left to right: Chris vanValkenburg, Dan Alexander, Marcy Masci, Diane Bielski, Jiffy Spencer, Giovanna Watters, John Bradshaw, Tammy Charbonneau, Betsy Barney, Karen Ziobron, Maryjane Malavasi, Dick Gerber. Missing from Photo: Nan Alexander, Karan Conover, Kathy Bristol.

COMMUNITY LIONS AWARD SCHOLARSHIPS

The East Haddam Community Lions are proud to award two \$2,000 scholarships to deserving graduating seniors! Amy M. Wieleba graduated from Nathan Hale-Ray High School and will be attending Florida Southern College. Amy's major will be nursing with a focus on oncology. Megan Masci graduated from Mercy High School and will be attending Endicott College in Massachusetts with a major in Elementary Education. We wish both graduates a wonderful college experience and success in all their future endeavors.

Recipients were selected based on academic standing, financial need, extra-curricular activities and other criteria established by the East Haddam Scholarship Committee.

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From left to right: Amy Wieleba, Community Lion President John Bradshaw and Megan Masci.

ICE CREAM SOCIAL - FREE!

Please join us, again this year, as the summer winds down and we prepare for the school year at our annual Ice Cream Social to be held on Thursday, August 23rd from 6:00 – 8:00 pm at the Moodus Sportsman's Club. We will provide ice cream, toppings, cookies, brownies, floats, popcorn and more! There is no charge! There will also be face painting and live music by the Locomotives! FREE! Come and join the fun!

4th Annual Cruise Blues & Brews Festival

MOST FAMILY FRIENDLY EVENT OF THE ENTIRE FESTIVAL SEASON

The young and the young-at-heart are in for a great time at the 4th Annual Cruise Blues & Brews Festival, to be held Saturday, September 29, 2018, 10:00 am to 4:00 pm (rain or shine), at the Chester Fair Grounds.

This festival features hundreds of antique and unique cars on display, performances by Connecticut's top blues bands, a food court with a variety of up-scale food trucks, locally brewed craft beer on tap, a marketplace of vendors, a kid's play area full of activities, trophies, games and prizes.

All proceeds from Cruise Blues & Brews Festival support the At-Risk Boys Fund at the Community Foundation of Middlesex County. Established only five years ago, The At-Risk Boys fund has awarded over \$75,000 in grants to organizations throughout Middlesex County. These grants have helped hundreds of boys and young men achieve success and a better life. To learn more about the 4th Annual Cruise Blues & Brews Festival or to make a donation please go to: www.atriskboysfund.com.

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Representative Melissa Ziobron Applauds the Signing of Cottage Foods Legislation

State Representative Melissa Ziobron (R-34) applauded the Governor signing SB 193 'An Act Concerning Revisions to the Consumer Protection Statutes' which included provisions for cottage food production.

The measure finally establishes a cottage food license through the Department of Consumer Protection. It also defined cottage food producers as those who sell directly to consumers and have gross annual sales of \$25,000 or less. The intent of the bill is twofold: to encourage small food producing businesses to test the waters with new product and also enable these small proprietors to sell their wares to farmer's markets and directly to consumers without having to invest in costly overhead.

"I am excited that the Governor has signed this bill to codify regulations and licensing for cottage food producers. I worked on this initiative for years, shepherding this legislation through the process," said Rep. Ziobron. "With this bill and the legislation we passed three years ago, we now have a law on the books that sensibly lowers the

barrier for home producers, in order that they may bring their products to market."

This year's effort built off of legislation sponsored by Rep. Ziobron which was enacted in 2015: "HB 5027: An Act Concerning Cottage Food Production," which allowed for the sale of food products prepared in private residences.

Rep. Ziobron said in her public testimony in 2015, "I first became interested in this issue as the former Economic Development Coordinator for the Town of East Haddam. During that time we had several people who were interested in small part-time business for cupcakes and cakes. These women were accomplished bakers and hard working Moms looking to add to their household income... We are one of only nine states that do not allow Cottage Food production unless you are a farmer and use your own produce to make jellies or pickles." The measure passed the Senate unanimously and passed the House 142-8. It was signed into law by the Governor on Monday, June 11, 2018.

Age-Related Macular Degeneration

Age-Related Macular Degeneration (AMD) is the leading cause of severe vision loss in adults over the age of 50. This eye disease occurs when there are changes to the macula, a small portion of the retina that's located on the inside back layer of the eye. Commonly, older people develop macular degeneration as a natural part of the aging process. AMD causes loss of central vision and it can occur in two forms: wet and dry.

With macular degeneration, you may experience symptoms such as blurriness, dark areas or distortion of your central vision, or permanent

loss of your central vision. It usually does not affect your peripheral vision. For example, with advanced macular degeneration you could be able to see the outline of a clock, yet you may not be able to see the hands of the clock to tell what time it is.

The majority of people with macular degeneration experience the dry form, which does not have a known treatment, but many people benefit from a vitamin regimen. Unfortunately, vision loss cannot be reversed. The less common wet form may respond to lasers and medical injections if caught and treated early.

Smoking and high blood pressure are often associated with the wet form of macular degeneration.

If you have been diagnosed with dry macular degeneration, you should use a chart called an Amsler grid every day to monitor your vision. Dry macular degeneration can quickly change into the more damaging wet form. If you notice any change of vision, you should contact your ophthalmologist immediately.

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To download previous issues of East Haddam Events
visit www.eventsmagazines.com
and download the issue you desire!

East Haddam Garden Club

WORKING WITH EAST HADDAM STUDENTS AND SENIORS

The East Haddam Garden Club is committed to working closely with all generations to encourage and support a lifelong love of sustaining and beautifying our community. To that end, we participate in the Elementary School Arbor Day program, dig in the dirt with the Middle School, and sponsor an annual scholarship and a photography contest at the High School level. This year, we also worked with the clients of Chestelm Adult Day Services (ADS) to sow seeds and plant cuttings to grow items for our annual plant sale. Arranged by Betty Gross, a group of club members, led by Nancy MacKinnon, worked with the ADS clients many times during the month preceding our sale, culminating in a "thank you" strawberry shortcake celebration given by the club after the sale. The excitement of the clients was palpable, as they were so pleased to be able to dig their hands in dirt and witness their plants germinating and thriving.

After a musical presentation celebrating Arbor Day and Flag Day by our elementary school students on June 14, club member Nancy MacKinnon presented the school with a Mountain Laurel and discussed the importance of plants and trees to our environment. At the Middle School, club members are in their fourth year working with science teacher Shaleen Thody and her students in their ever-expanding butterfly and vegetable gardens. Almost forty students participated in each work session. We were impressed with their enthusiasm and love of nature. The students followed directions, asked pertinent questions, worked well together, and were eager to help and to share their personal experiences about gardening.



Winners of this year's East Haddam Garden Club photo contest from left to right: Ian Cox, Samuel Wytas, Lauren Peckham, Jack Rogerson.

At the High School level, club member Shea Jezek presented awards for our third annual "Art is Nature, Nature is Art" photo contest on Underclass Awards Night at Hale-Ray. Any interested student was asked to photograph a moment in nature they believed supported this theme and we received

continued on page 30

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Garden Club... continued from page 29

many talented entries. First place winner (\$75) was Freshman Lauren Peckham; second place (\$50) was Sophomore Ian Cox; and third place (\$25) was Junior Jack Rogerson. Honorable Mention went to Freshman Samuel Wytas. The top 3 winning photos will be featured on sets of note cards, which will be available for purchase at the two town libraries. Special thanks to Principal Eric Spencer, Hale-Ray Visual Arts Coordinator Deborah Batt, and Mike Gilroy of the Library System for assistance with the photography contest. Club President Maureen Gillis presented our annual scholarship (\$1,000) at the Senior Awards Ceremony to Kate Ryan, who graduated at the top of her class and will go on to Syracuse University.

BEAUTIFYING OUR TOWN

The club has worked hard for many years to beautify East Haddam through our seasonal plantings and weekly maintenance. Visitors and townspeople coming into town over the Swing Bridge are greeted by the seasonally-decorated urn and its surrounding plantings at the Goodspeed Green. The three planters across from Two Wrasslin Cats and The Town Tavern bring cheer to that intersection. The Blue Star Memorial in front of the old Town Hall is also seasonally decorated and maintained as a tribute to those who served in the Armed Forces. Flags and other touches are added to these installations as appropriate to celebrate specific holidays. We want to thank the town for helping us remove some potentially dangerous arborvitae near the urn, planting new trees, providing mulch, and fixing other problems (lighting, accidents damaging plants, etc.) as they occur.

THANK YOU FOR YOUR SUPPORT

Thank you to everyone from town and beyond who supported our

Annual Plant & Bake Sale in May. Despite the rainy weather and the cancellation of the Historical Society's tag sale, we brought in an amount close to our projections. Members dig the best specimens from their gardens and bake delicious (and artistically presented) treats to support our major annual fundraiser. In addition to the programs discussed above, proceeds help us provide public presentations by professional speakers (see below); as well as much more.

SEPTEMBER AND OCTOBER PROGRAMS OPEN TO PUBLIC

Mark your calendar for two special programs open to the public, both to be held at the East Haddam Senior Center. On September 26 at 6:00 pm, we are co-sponsoring (with the Hadlyme and Haddam Garden Clubs) Tovah Martin's "Putting Perennials Though Their Paces." On October 17 at 7:30 pm, Kim Syrel will present (and demonstrate) "Hydroponics: 4 Types and a Small System Anyone Can Use." A short business meeting for members precedes the program at 7:00 pm. Refreshments will be served at both programs.

HAVE FUN WITH US

The East Haddam Garden Club currently has 42 members; we all love to learn, laugh, and contribute to making the town a better place to live. New members are always welcome...attend one of our monthly programs or two and get to know us. Check out our Face Book page (The East Haddam Garden Club) or call Maureen Gillis at: 860-287-6228 or any club member for more information. We have a blockbuster schedule of programs this year, thanks to Chair Ellen Friedman and her committee!

Master Gardener's Corner

Why are our Ash and Oak Trees Dying?

It's been a few years since I wrote about the Emerald Ash Borer (EAB). I gave warning that we would soon see destruction of our Ash Trees and it would be a serious issue. Well, that time has come! The wood-boring beetle that feeds exclusively on all species of Ash trees has been destroying our Ash Trees for the past few years. So what does this mean? The shimmering green beetle will destroy all Ash Trees in CT towns within the next few years. As the EAB larvae attaches to the tree under the bark, it spirals its way around the tree causing eventual death of the tree. The tree can be affected for a year or two before the mortality of the tree is noted. This Ash Borer started in the Midwest and has migrated east. Currently it is drifting into

Vermont. Most all towns in CT are affected - and we are one of them.

EAB lays eggs in a crevice of the Ash tree bark during the summer, particularly in the crown of the tree. Larvae burrow into the cambial layer under the bark creating 'S' shaped serpentine galleries as they feed until late fall. The following spring, in May or June, as the pupae mature, the EAB emerges from the tree creating a small 'D' shaped exit hole on the tree. The cycle then continues and will continue causing death of our Ash Trees.

If that isn't enough tree death to deal with on our streets and on our properties, we now see multiple deaths of our Oak Trees

from the 2016-17 Gypsy Moth infestation. The Gypsy Moth feeds on a diversity of trees and shrubs and Oaks. It causes extensive defoliation causing dieback of branches and death of our older, more vulnerable trees. You must make it your priority to research these issues as the dying trees need management. Dead and dying trees are hazards and impact public safety. Do your homework and take action on your own property.

OK, so what can we do about this hazard? What can we do to ensure safety for human life and our community?

1. Ash trees must be treated by tree
continued on page 32

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VERY SERIOUS PROBLEMS: Eyes can get sick, just like the rest of us. Sick eyes can lose vision.

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You may have no idea what these words, or dozens more like them, mean. Luckily, we do. They represent serious, potentially sight threatening disease processes that have no symptoms until the disease has progressed to the point of compromised vision. At that point, it may be too late to fix the problem. No one wants to lose their eyesight.

We use advanced confocal laser imaging systems to discover the earliest changes in the retina that may predict the development of many of these conditions.

Early diagnosis allows us to stop or delay the changes that may lead to loss of sharp vision. Some of these eye conditions are directly related to systemic conditions that affect your whole body, like diabetes and hypertension. If someone in your family has lost vision from a disease, you are at a higher risk.

Something as quick and easy as a 30-minute eye exam can safeguard your vision and protect your whole body from the possible future harm seen with many of these diseases.

Everyone should have an eye exam once a year. Have you?

ANNOYING PROBLEMS: As we age, our eyes and lids dry out. You don't have to suffer with it.

Dry Eyes, Scratchy Eyes, Itchy Eyes, Red Puffy Lids, Excess Tearing, Lashes Falling Out

Dry eyes are no laughing matter. In fact, eyes that are too dry fail to lubricate the cornea properly causing decreased sharpness in vision and many uncomfortable symptoms. We have had patients try all sorts of home remedies, but unless you get to the true cause, you may make it worse. In many cases, there is an underlying lid disease causing inflammation that causes the tear glands and ducts to shut down. It may feel like there is always

something in your eye; your lids may become so red and swollen that lashes fall out. This is a serious problem.

There are some medications and lid heat treatments to help control the disease. There are some excellent supplements that have proven to be beneficial for patients with certain types of dry eye conditions. To accurately diagnose the lid condition correctly, come in for an eye exam. You don't have to suffer with this problem.

An eye exam is not just about eyeglasses and contact lenses. It's about eye health.

VISION PROBLEMS: It's also about new eyeglasses and contact lenses and seeing better!



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Master Gardener... continued from page 30

professionals only. Very expensive and needs several applications.

2. The dead trees must be cut down on street areas and anywhere it could cause a hazard to human life or property. By the time the Ash Tree gives us warning of its death with branch breakage, it is too late and already causing safety issues with falling branches. That tree is gone! Likewise, the Gypsy moth outbreak of last year caused many oak trees also to die.

Dr. Rutledge and team from CT

Agriculture Station are working on methods of biological control, but nothing as yet can control the continued death of our favored trees. It is past time to assess your properties, and time to inventory the dead trees along our streets as we plan for management and financial impact.

EDUCATE YOURSELF NOW

Go to the CT Agricultural Experiment Station website at: www.ct.gov/caes. More information is available at: CAES.StateEntomologist@ct.gov or call: 203-974-8474. Also, [\[ashborer.info\]\(http://ashborer.info\) or at: \[www.ct.gov/deep/eab\]\(http://www.ct.gov/deep/eab\).](http://www.emerald</p></div><div data-bbox=)

This is not a time to panic. It is a time to be aware, educate, and take action on your property. As a participant of several official programs in CT working on plans to remediate this health and safety issue, I will keep you updated on CT's plans and developments.

Linda Stuhlman,
Certified Tree Warden
(Advance program);
Advanced Master Gardener

We Need Your Help to Save Our Lake

The Moodus Reservoir Preservation Group, Inc., MRPG, is a local non-profit, 501(C) (3), community membership organization working to protect and improve the health of Moodus Reservoir located in the village of Moodus in the town of East Haddam, CT.

The Moodus Reservoir supports the town's only public beach and provides two state boat launches for the recreational enjoyment of town and visiting swimmers, boaters and fishermen.

THE MISSION OF MRPG IS TO:

- a **increase public awareness** of emerging and ongoing threats to the health of our lake and
- b **work with local and state agencies** to implement programs to promote, protect and improve the environmental quality of the Reservoir and its fragile ecosystem, to include the development of invasive plant monitoring and control programs.

Our lake, like many lakes, is facing the challenge of managing invasive aquatic plants. After extensive remediation options research and in depth lake studies, we have found the most affordable and effective control method option is the purchase of an Eco Harvester. It is a highly specialized machine that pulls up the aquatic plants, trapping them and depositing them on land for transport.



Eco Harvester

The Eco Harvester and needed equipment will cost approximately one hundred thousand dollars (\$100,000).

Please make your tax deductible donation to save our lake. Make checks payable to MRPG, c/o Tim Varriale, Treasurer, 76 Falls Bashan Rd, Moodus, CT 06469. For more information on MRPG or to donate online, visit our website at: moodusreservoir.org.

Monthly meetings are held on the second Tuesday at the Moodus Sportsmen's Club. ALL ARE WELCOME – members and non-members. Come and ask questions. Member annual dues are \$25 per household per year.

Trails are an East Haddam Treasure and You Can Help

The East Haddam Conservation Commission is proud of the 21 miles of trails maintained for you entirely by volunteers. Whether you are a birder, a wildflower enthusiast, someone who

walks for exercise, or just an adventurer, you can find your special place on town-owned open space; marked, mapped, and managed by this Commission. While you are out

there enjoying the views, the peaceful landscapes, the fresh air, please stop to consider what it takes for a small band of volunteers to maintain this and make it available. There are property

boundaries to be marked, trails to be cleared and marked, parking lots to be planned and cleared, blown-down trees that must be removed. Commission volunteers gather on Saturday mornings or afternoons at least once a month for work parties. But it's not just about the work. It gives them great satisfaction to steward our open space treasures for your enjoyment.

Now the Conservation Commission wants to share the joy. Would you like to get in on the action? No special skills are needed and most "parties" involve a walk in the woods. If you can handle a paint brush, loppers or leaf blower, you can help... and you get to know your town preserves in ways that will make you proud.

By the way, the photograph above shows Commission Chair Rob Smith wielding a chainsaw to remove a seriously large tree across a trail. This does



require some special training... the rest of us stand back, cheer, and help pick up the pieces.

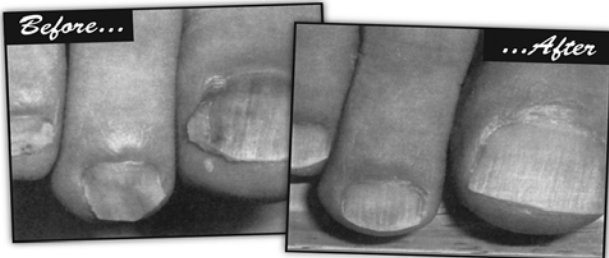
In order to introduce you to the fun of trail work, the Conservation Commission will be sponsoring a Fall Trail's Workshop Day, tentatively scheduled for the third Saturday in September. You will be provided with a tasty lunch, any necessary tools, and an enthusiastic welcome. Watch the

local news and social media for details as the time approaches. And in the meantime, if you need trail maps, just go to: www.Easthaddam.org, click on Town Boards. Then click on Conservation Commission, and locate the Trail Maps section on the top right.

For more information about how you can be involved in the Conservation Commission, call Sue Merrow at: 860-367-1687.

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Protect the Miller Farm Woodlands



When you walk or drive through East Haddam and the surrounding region you see trees, lots of trees. But large blocks of wooded acreage – those not dotted with homes or businesses - are in decline in our town and elsewhere in our beautiful Connecticut River Valley.

These large forested areas are exactly what stabilizes our soils and lessens the risk of flooding, cleans the air we breathe, filters rainfall that recharges the aquifers we tap into for drinking water, and supports the birds, mammals, amphibians and other wildlife that make our woods come alive with sounds and activity.

But we cannot take our forests for granted. “For the first time in 200 years, every state in New England is losing forest,” warns the New England Wildflower Society in its publication, State of New England’s Native Plants. Without our active preservation, East Haddam’s remaining large forest blocks could vanish.

The Miller Farm, bordering Tater Hill and AP Gates Roads, is exactly the large, forested acreage that could disappear without your help. Its 87 acres - mostly woodland - maintain the soil health and stability of the wetlands and streams, and filter and recharge the waters of the Roaring Brook and Eightmile Watersheds. Its trees and shrubs, including masses of native winterberry, shelter and feed woodland birds. Salamanders, frogs, and toads - amphibians particularly sensitive to habitat loss - live in its fern, moss, and wildflower dotted wetlands.

East Haddam Land Trust seeks to raise \$200,000 toward the Miller Farm purchase - we need your help. Invest in the Miller Farm purchase at: www.ehlt.org or mail your check, in any amount, to East Haddam Land Trust, P.O. Box 122, East Haddam, CT 06423.

Don’t take our woodlands for granted - help preserve the Miller Farm.

A Standing Ovation for Supporting the Arts

No matter its form - music, theatre, dance, film, painting, sculpture, literature - art enhances our lives. We can’t imagine a world without art. We celebrate the dedicated art lovers who are working together, pooling and leveraging their gifts through the Community Foundation of Middlesex County (CFMC), in a wide variety of ways to support programs in general or help sustain specific organizations.

Some donors choose to contribute to the CFMC Arts Fund. Many opt to establish their own fund. All help new and ongoing arts programs through the CFMC grant award process. Other donors prefer to

ensure the viability of a specific nonprofit organization and decide to create a designated fund through CFMC.

Through these funds and other contributions, recent grants have been awarded to arts and culture programs that are having a big impact. Teens are sharing their creative spirit through open mic nights that celebrate the power of the spoken word and by developing scripts and performances to explore issues and open dialogue in the community. Young musicians are working with professional musicians in one-on-one and small group lessons gaining knowledge of the music industry.

School-based and summer programs offer children of all ages the opportunity to enhance their talent and learn acting, singing, script and song-writing, and circus training from seasoned professionals. New one-act plays are being created by and about women, including a week of intensive rehearsal with the playwrights, directors, and actors.

Thanks to all of you. We are honored to help you put your passions into action and invite you to learn more by calling us at: 860-346-0025 or visiting us online at: MiddlesexCountyCF.org.

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“The Addams Family” Thrills Sold-Out Audiences



Above: Addams Family on stage.
Photo courtesy Vista Life Innovations.

Between catchy dance routines and hilarious one-liners, A Shared Stage Productions performance of “The Addams Family” at The Kate in Old Saybrook entertained three sold-out crowds May 18, 19 and 20.

Starring a unified cast of performers from the shoreline theater community and Vista Life Innovations, a post-secondary program supporting the personal success of individuals with disabilities, this delightfully kooky production directed by Martin Marchitto had audiences laughing in their seats.

But more than just a musical, “The Addams Family” fostered acceptance and unity among the greater shoreline and Vista communities. This production brought together at least 45 Vista students and members and 26 community members—including the cast, crew, production team, and volunteers—providing a powerful shared experience for all involved. “The Addams Family” marked Vista’s fifth all-abilities musical production and the first to debut under Vista’s recently established performing arts program, A Shared Stage Productions.

The production was generously sponsored by Peach Pit Foundation, The Madison Foundation, Cornerstone Construction Services, Community Foundation of Middlesex County, Guilford Foundation, Guilford Savings Bank, Swan Funeral Home, Farmers Insurance, the Lee Family, the Wrotnowski Family, Bruce Baber, and Laurie Pilcher.

Vista Life Innovations is a 501©3 nonprofit organization accredited by the National Commission for the Accreditation of Special Education Services (NCASES). With campuses in Madison, Westbrook and Guilford, Vista’s mission is to provide services and resources to assist individuals with disabilities achieve personal success.

Visit www.vistalifeinnovations.org for more information.

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Above: Lurch and Gomez.
Below: Morticia and ancestors.
Both photos courtesy Vista Life Innovations.



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First Church of Christ, Congregational Annual Quilt and Needle Arts Show



The First Church of Christ, Congregational announces plans for the 23rd Annual Quilt and Needle Arts Show. It will be held on Columbus Day weekend, October 6th & 7th, 2018.

Our show includes exhibits by artists from near and far, displayed in our historic meetinghouse. Some items are for sale, but most are just to enjoy. In addition to quilts, we also display embroidery, knitted and crocheted items and sometimes hooked rugs.

The show is a fun event to attend! There are vendors and a boutique for your shopping pleasure. Then you can satisfy your appetite with a bowl of delicious homemade soup, a slice of homemade pie and coffee from our café. Some visitors come just for this!

We are always looking for new and unique items to display at the show. We encourage quilters of all levels to enter - from beginner

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to professional. Your work is precious and we would love for it to be part of this year's exhibit. Application forms to enter are available on our website at: www.ehquiltshow.sc43.org

ANOTHER SPECIAL TRADITION IS OUR RAFFLE QUILT.

This year's quilt is called "Prairie Rose." Pictured on the preceding page, it is queen size and hand quilted. The drawing is at the show, October 7th at 4:00 pm.

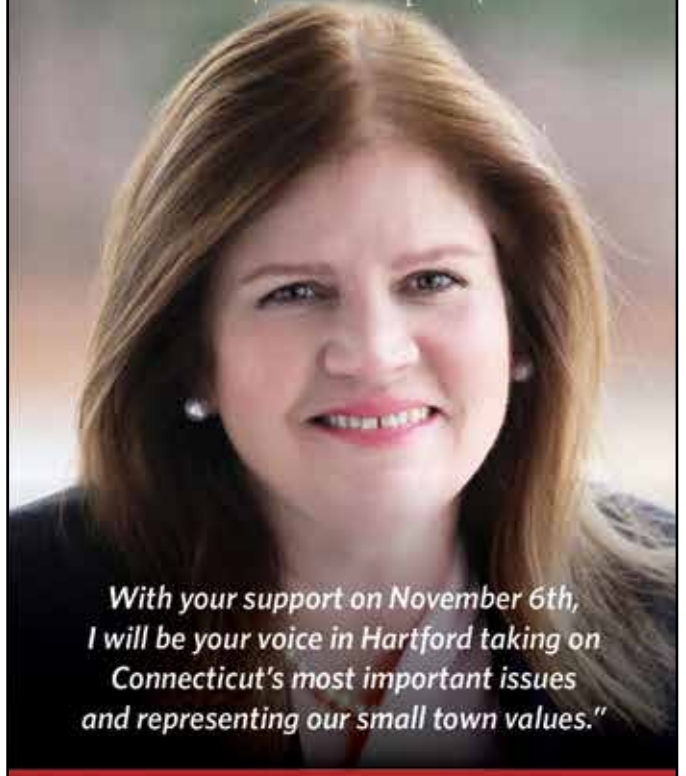
WE HOPE YOU WILL INCLUDE THIS EVENT IN YOUR WEEKEND PLANS.

Show Hours: **Saturday, October 6th**
 10:00 am to 5:00 pm
Sunday, October 7th
 1:00 pm to 5:00 pm

For admission information or any other questions please contact Betty Haines at: 860-873-1985 or Margaret Charney at: 860-537-3323.

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Joey Logano – Inspiring others to do for others

by Sigrid Kun

Professional NASCAR driver Joey Logano started his racing career right here in Connecticut racing quarter midget cars and quickly made a name for himself. Starting at the age of six, the Middletown, CT native started winning championship after championship – to the point that, by the time he was 15, he was already on the radar with NASCAR racing legends. Now, he's always to be reckoned with on the NASCAR racing scene, competing full-time in the Monster Energy NASCAR series and part-time in the NASCAR Xfinity series.

THE STATS ARE IMPRESSIVE.

- Youngest driver to win a NASCAR Xfinity Series race - winning at Kentucky Speedway in 2008 when he was just 18 years, 21 days old and in only his third Xfinity Series start.
- 2009 Monster Energy NASCAR Cup Series Rookie of the Year
- Won the Daytona 500 in 2015 - Second youngest driver to win this race.
- 49 combined wins in NASCAR's top-three series

There is, of course, the glitz and the glamor that pervades NASCAR as a whole. And there's the occasional race-action controversy. And there are the ups and downs. After early successes (leading to the nickname, "Sliced Bread") and nearly winning a championship in 2016, Joey failed to make the playoffs in 2017. This year could mark a turnaround. Joey notched a win at Talladega Superspeedway in April, which ended a nearly year-long winless streak and, as of press time, he is fourth in the NASCAR Championship Point Standings.

But there's more to the 28-year-old than that. Joey and his wife Brittany, whom he married in 2014, welcomed their first child into the world this past January. Joey and Brittany have also been very committed to giving back. In a previous conversation, Joey mentioned, "If we can touch a few people's lives and help them become contributing members of our community and the world, it's really going to make a difference and it starts one person at a time." That's the crux of the Joey Logano Foundation that invests in organizations offering second chances to children and young adults during times of crisis and works to inspire others to live a life of generosity.

WHY SECOND CHANCES?

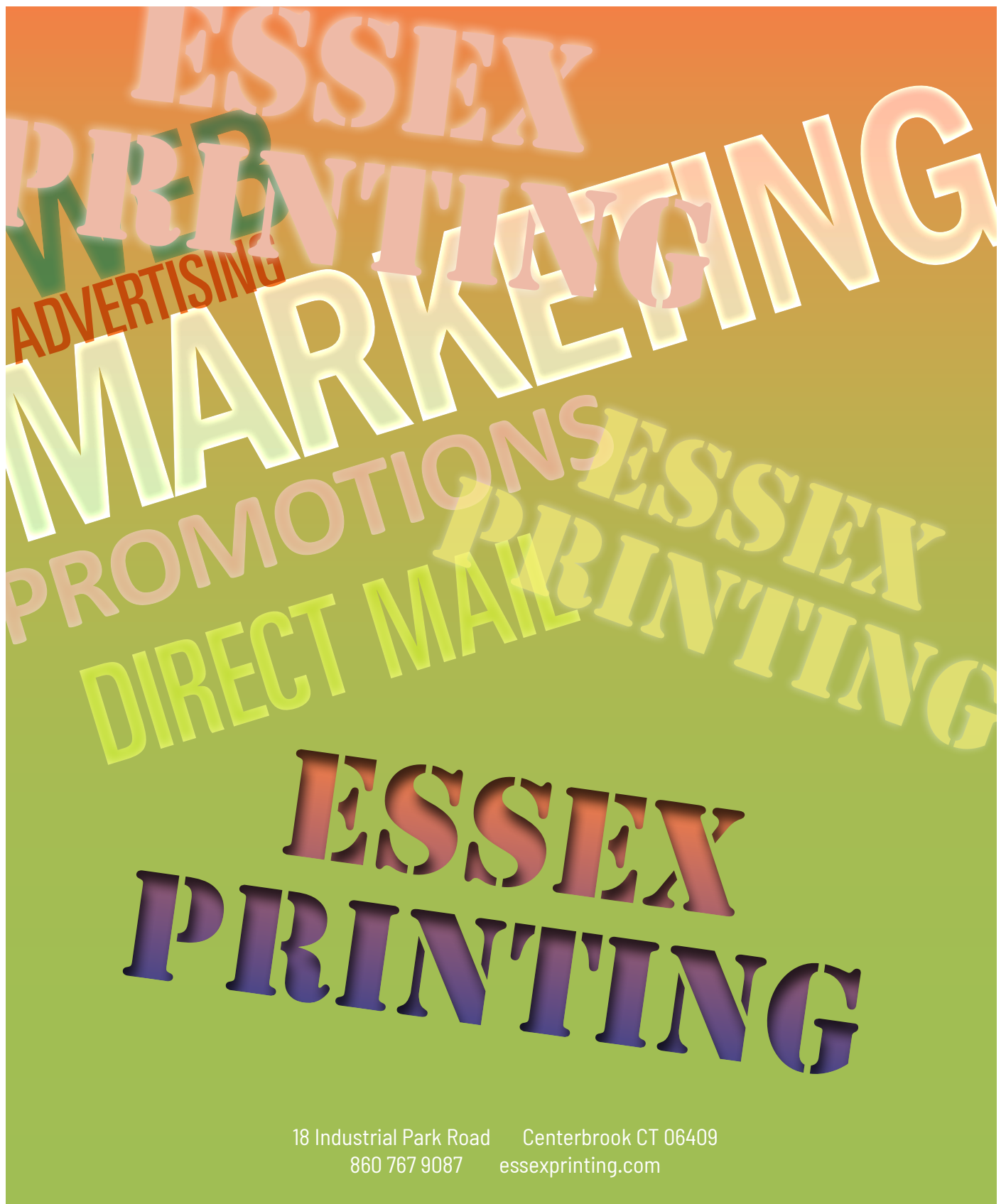
First, there was a life-changing visit to Joplin, Missouri in 2011 where Joey helped to rebuild a home for a local family following the tornado that devastated the area. That family needed a second chance. Little did Joey know that he would soon need his own second chance. He had been driving the No. 20 Toyota Camry for Joe Gibbs Racing since the 2009 season, but that ended in 2012. He received his second chance when he was picked up by Penske Racing in 2012. The following year, the Joey Logano Foundation was established.



Upper right: Joey Logano. Middle photo: Number 22 on the track. Bottom left: Joey and his wife Brittany at a Meet and Greet. Photos courtesy of the Joey Logano Foundation.

Since 2013, the foundation has invested almost \$2.7 million in various organizations across the country. Programs include inviting children who are facing tough situations (whether physically and/or emotionally) annually to a NASCAR race to be part of the crew for the day, supporting non-profit organizations during the 10-week NASCAR playoffs in each playoff race market, assembling and donating comfort care backpacks to foster and/or terminally ill children, and an annual fundraiser in Connecticut, called Driving Hope Home. A portion of the Driving Hope Home proceeds are donated to The Ronald McDonald House of Connecticut with the remaining proceeds donated to reputable charities the foundation supports to offer children in need a first or second chance. "It's our responsibility. You have to do it. If we're not going to do it, who else is going to be an advocate for these kids," says Brittany, who notes that first chances are important too. "They need a first opportunity in life. If we can shed light to this and inspire others to do the same, we can have a bigger impact than the two of us. That's our goal."

There is no doubt that Joey is a fierce competitor and a pure NASCAR racing talent. But don't overlook the other side. "When you are able to make a difference like that, you can see it in that person's face, how much it affects their lives - there's no better feeling than that," he observes. "I can talk about race wins as much as I want and how great that is but there's nothing better than that win - when you're able to affect something. That's a bigger win than any racetrack can get you."



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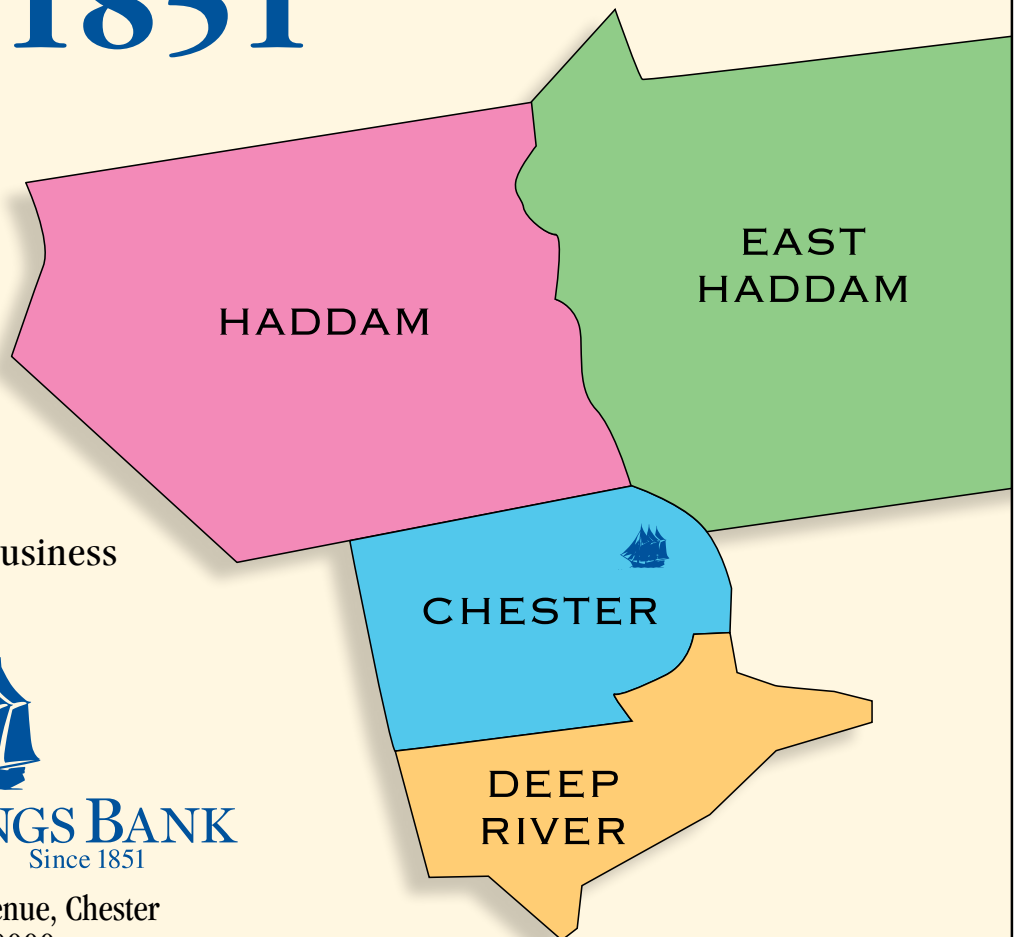
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